

Compare our health assessments



At a time when physical and mental health matter more than ever, everyone in your business can access our flexible health assessments anytime, anywhere. To book a free demo or request more information, email us at sales@getlivesmart.com or call us on [020 3514 7736](tel:02035147736) (Mon - Fri, 9.00am - 5.30pm).

	 Focus £30 per person	 Enhance From £99 per person	 Perform From £249 per person	 Bespoke A tailored health assessment that suits your business and budget
Digital health report A personalised health report packed with unique insights and advice about your mental and physical health	Report written by HCPC Registered Dietitian	Report written by HCPC Registered Dietitian and GMC Registered GP	Report written by HCPC Registered Dietitian and GMC Registered GP	Report written by HCPC Registered Dietitian and GMC Registered GP
Blood collection The method we'll use to collect your blood sample	Home kit by post	Home kit by post, nurse home or workplace visit	Nurse home or workplace visit	Home kit by post, nurse home or workplace visit
Blood readings				
Heart conditions	✓	✓	✓	✓
Diabetes risk			✓	✓
Thyroid function	Employees can bolt on thyroid function for £15	✓	✓	✓
Liver & kidney disease	Employees can bolt on liver & kidney disease for £15	✓	✓	✓
Vitamin & minerals	Employees can bolt on iron and B12 for £15 each	✓	✓	✓
Bone health	Employees can bolt on vitamin D for £15	✓	✓	✓
Inflammation			✓	✓
Immune system			✓	✓
Blood health			✓	✓
Hormones			✓	✓
Bolt-ons			Bolt-ons included in price for Perform	
Health coaching bolt-on / £100 1 x 50 minute call and 2 x 20 minute calls with our expert coaches		✓	✓	✓
Bowel cancer bolt-on / £15 Bowel cancer screenings can either be funded by your company or your employees at their own expense		✓	✓	✓
Prostate cancer bolt-on / £15 Prostate cancer screenings can either be funded by your company or your employees at their own expense		✓	✓	✓
Client benefits				
Dedicated Delivery Manager		✓	✓	✓
Bespoke MI report We'll provide you with a full report outlining the key factors that are affecting the health of your workforce, such as musculoskeletal problems		✓	✓	✓
Webinar for employees Our Clinical Lead and your dedicated Delivery Manager will explain the four pillars of health, how these link to LiveSmart and the LiveSmart user journey. The session lasts around 30 minutes followed by a Q&A			✓	✓